



RED FM  
**BHANGRA CHAMPIONS**  
EASTERN REGION **2025**

COMPETITION REGISTRATION PACKAGE

Registration Closes on: May 16, 2025



# RED FM BHANGRA CHAMPIONS

## COMPETITION RULES

### Entry Deadline:

- Competition registration ends on Friday May 16th.
- Late registrations will NOT be accepted. No exceptions.

### Entry Submission:

- Completed Registration package (below).
- Accompanied with an audition video. This can either be a past performance video or a video of your practice sessions, however:
  - it must feature all your registering team members.
  - the duration of this audition video should be a minimum of 3 minutes.
  - Any video recorded more than 12 months before the registration deadline will not be eligible as an audition video.

### Notification:

- Only selected teams will be notified via an e-mail or phone. Thereafter, the selected teams will have 48 hours to confirm their participation.

### Other Registration Rules:

- Open Category Performances: any age and any gender
- Team Composition: 8 to 12 dancers (for competition and for open category performances).
- Up to 4 non-participating members are allowed on the team roster (this will be STRICTLY enforced).



# RED FM BHANGRA CHAMPIONS

- Only completed competition registration package with the required documents and audition video will be accepted. Partially filled documents or audition videos that do not meet the eligibility criteria will be automatically disqualified. Please refer to the registration package for full details.

## Performance:

- The maximum duration of the full music routine will be 7 to 9 minutes.
- Each performance should only be on a single continuous soundtrack (no technician assistance).
- This event is a family friendly event. The song selection should be suitable for audience of all age groups without any profanity or negative content. The performance song/soundtrack will be reviewed once the teams are selected.
- Two minutes are allocated for stage set up & two minutes are allocated to exit the stage.
- Each dancer can only perform once and must be always present on the stage.

## Props:

- Only Bhangra related props are allowed on the stage. No props that appear like guns or other weapons are allowed.
- Approval is required for additional types of props.

## Rehearsal:

- For participating teams wanting to practice on stage, please contact Delpreet at [delpreet@redfm.ca](mailto:delpreet@redfm.ca) before August 8<sup>th</sup> to schedule a 10-minute technical rehearsal.



# RED FM BHANGRA CHAMPIONS

## Conduct:

- No team member should be performing in the competition after consuming alcohol or illegal substances. Alcohol and illegal substances are strictly prohibited.

## Judging:

- The judging panel will comprise of 5 judges (\*subject to change)
- The scores of the judges with the highest & lowest scores will not be included.
- The judging panel's decision is final, no exceptions.
- We strongly discourage any interference or conversations with judges during the competition.
- Post competition discussions relating to scores are allowed, but they must:
  - Be conducted after the competition,
  - By only a single team member, and
  - Should be within 10 minutes maximum.

## Out of town teams:

- Each team is responsible for their own airfare and accommodation.
- RED FM will provide transport for rehearsals and day of event.
- RED FM will provide food at the event.

## Rule Revisions:

- Competition rules may be subject to change at any time and all rights are reserved with Bhangra Competition Organizing committee.

## Prizes:

- 1st Place (\$6,000 Cash prize & Trophy)
- 2nd Place (\$3,000 Cash prize & Trophy)
- 3rd Place (\$1,000 Cash prize & Trophy)



# RED FM BHANGRA CHAMPIONS

If multiple teams reach a tie on a particular place, then the prize for that place (1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup>) will be equally divided between the teams tied.

## Additional trophies:

- Best Dressed
- Most Entertaining
- Best Mix
- Best Dancer
- Crowd Favorite

If you have any questions regarding the registration process. Please email [delpreet@redfm.ca](mailto:delpreet@redfm.ca)



# RED FM BHANGRA CHAMPIONS

## Checklist:

Please ensure that the following documents are duly completed:

- Completed Registration Form
- Completed Declaration of Agreement Form
- Completed Team Description
- An Audition Video (emailed to [delpreet@redfm.ca](mailto:delpreet@redfm.ca))
- Completed Liability Waiver and Agreement on Use of Promotional material (each person on the roster must sign this individually).

The deadline to enter the competition is May 16, 2025. Once we get your team's completed registration documents, we'll reach out to you by phone or email by May 19, 2025, to confirm your team's entry status. Incomplete registration documents will be disqualified.

If you have any questions regarding the registration process. Please email [delpreet@redfm.ca](mailto:delpreet@redfm.ca)



# RED FM BHANGRA CHAMPIONS

## Audition Video

Provide an audition video along with your registration documents. This video can either be a past performance video or a video of your practice sessions, however:

- It must feature all your registering team members.
- The duration of this audition video should be a minimum of 3 minutes.
- Any video recorded more than 12 months before the registration deadline will not be eligible as an audition video.
- The routine should be on mixed audio, no live musicians



# RED FM BHANGRA CHAMPIONS

## Judging Criteria

1	Feedback on Opening	<p><b><i>What is your impression of the team?</i></b></p> <p>- Evaluate the initial moments of the performance. Describe the team's first impression on the audience, considering factors such as energy, stage presence, and engagement.</p> <p><b><i>Was it impressive?</i></b></p> <p>- Assess whether the team's opening was powerful and impactful, setting a positive tone for the rest of the performance. Mention any strengths or areas where improvement could be noted regarding their opening sequence.</p>	___/10
2	Feedback on Team's Performance	<p><b><i>Did the Team successfully execute the performance as a cohesive group?</i></b></p> <p>- Please comment on the synchronization and coordination of the team during their performance.</p> <p><b><i>Were there any variations in the dancing style, stage presence, or execution of the moves by the dancers?</i></b></p> <p>- Describe any noticeable differences in style, stage presence, or execution among the dancers.</p> <p><b><i>What was the difficulty level of the routine, formations, and transitions?</i></b></p> <p>- Assess the complexity of the choreography, including the intricacy of the formations and smoothness of the transitions.</p>	___/20





# RED FM BHANGRA CHAMPIONS

3	Feedback on Team's Endurance	<p><b><i>Does the team dance together with full energy until the end of the set?</i></b></p> <p>- Evaluate whether the team maintains high energy levels and consistent performance quality throughout the entire set.</p>	___/10
4	Feedback on Traditional Moves & Nakhra	<p><b><i>Does the team show grace, shoulder movements, facial expressions, and smile together?</i></b></p> <p>- Assess the team's ability to perform with grace, coordinated shoulder movements, expressive facial expressions, and smiles throughout their routine.</p> <p><b><i>Were there any traditional moves within the routine and were they executed properly?</i></b></p> <p>- Evaluate the inclusion and execution of traditional moves such as Chaal, Dhamaal, Jhoomar, Mirza, Jandusangha, Faslaan, Dankra, Jugni, Phummanian, etc. Indicate if these moves were performed correctly and with authenticity.</p>	___/20
5	Feedback on Music/Songs	<p><b><i>Was the selection of the song appropriate for 1) the set, &amp; 2) the moves, presented in the routine?</i></b></p> <p>- Evaluate whether the chosen songs complemented the choreography and overall theme of the performance.</p> <p><b><i>Did the team use only Punjabi folk music with Punjabi lyrics?</i></b></p> <p>- Confirm that the music used in the routine was exclusively Punjabi folk music with Punjabi lyrics.</p>	___/10



# RED FM BHANGRA CHAMPIONS

6	Feedback on Props	<p><b><i>Were the three folk props used properly within the routine?</i></b></p> <p>- Assess the usage and integration of the three traditional props—Shikka, Khunda, and Kato—within the performance. Evaluate if they were handled skillfully and incorporated effectively into the routine.</p>	___/10
7	Feedback on Costumes	<p><b><i>Are the costumes appropriate and well put together?</i></b></p> <p>- Evaluate if the costumes are suitable for the performance and if they are coordinated and well-maintained.</p> <p><b><i>No shorts or legs should be showing under the chadra.</i></b></p> <p>- Confirm that no shorts or legs were visible under the chadra during the performance.</p> <p><b><i>Does the outfit consist of the following: pagh, chunnu, kurta, vest, chadra, salwar, phuman, rakhri, kenta, taveeti?</i></b></p> <p>- Check if the costumes included all essential traditional elements: pagh, chunnu, kurta, vest, chadra, salwar, phuman, rakhri, kenta, and taveeti.</p> <p><b><i>Pagh and chunnu are of equal importance. They should not come off the head at any time during the performance.</i></b></p> <p>- Ensure that the pagh and chunnu were secure, equal in appearance, and did not come off the head during the performance.</p>	___/10



# RED FM BHANGRA CHAMPIONS

8	Feedback on Closing	<b><i>Was the ending strong and memorable?</i></b>  - Evaluate the final moments of the performance. Comment on whether the conclusion was impactful, leaving a lasting impression on the audience.	___/10
		TOTAL	___/100



# RED FM BHANGRA CHAMPIONS

## Deductions and Rules Overview

1. **Time Limit:** the maximum duration of any routine will be 7 to 9 minutes, including any traditional Mela at the beginning or end. Exceeding 9 minutes will lead to disqualification. Time starts with the music and ends when the music stops.
2. **Team Size:** The team must consist of 8-12 dancers on stage during the performance. Additionally, up to 4 non-participating members are allowed on the team roster. Exceeding this number will result in disqualification.
3. **No Ins and Outs:** No dancer is allowed to leave or enter the stage once the performance has started. Continuous presence of all team members is required.
4. **Age Requirements:** No minimum or maximum age.
5. **Coaching Restrictions:** Coaches or academy members are not allowed to sit or stand in front of the stage to give directions or encouragement during the performance. They may stand on the side but must remain out of view of the audience.
6. **Technical Issues:** Teams experiencing technical issues will have the opportunity to perform at the end of the show.
7. **Deliberation and Ties:** Deliberation will occur at the end of the competition. A tie will only be awarded if scores are very close.
8. **Meeting with Judges:** One coach and one team member can meet with the judges for a maximum of 10 minutes after the competition. Only those identified on the registration/consent form are permitted to attend.
9. **Disqualification Criteria:** Disrespectful behavior (verbal or physical) will result in immediate disqualification from the competition.

Use of alcohol or drugs by any team member will also lead to disqualification of their team.

These rules are crucial for ensuring fairness, professionalism, and adherence to competition standards. Violations of these rules can lead to penalties or disqualification, as outlined above.



# RED FM BHANGRA CHAMPIONS

## Registration Form

Team Name	
Category	
Contact Name	
Address	
Phone Number	
Email	

## Team Description



# RED FM BHANGRA CHAMPIONS

## Team Members

	Name	Role (Dancer, Coach etc.)
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		



# RED FM BHANGRA CHAMPIONS

## Declaration of Agreement

I, \_\_\_\_\_ (Captain/Coach) of \_\_\_\_\_ (Team Name), hereby confirm that I have read, understand and agree to follow the "Rules" of the RED FM Bhangra Champions. By Signing, I acknowledge that it is my responsibility to explain these rules to my team members. I also understand that any rule violation can result in my team's disqualification from RED FM Bhangra Champions.

Name	
Signature	
Date	

## Team Description/ Bio



# RED FM BHANGRA CHAMPIONS

## LIABILITY WAIVER & AGREEMENT ON USE OF PROMOTIONAL MATERIAL

(READ CAREFULLY)

In consideration for my participation in the RED FM Bhangra Champions (the “Competition”) and the chance to win cash prizes (each of which is a “Prize”) provided by the CIRC Radio Inc. (“RED FM”) and I (the “Participant”) for myself, my insurers, estate, executors, administrators, representatives, successors and assigns, hereby acknowledge and agree that:

1. There are inherent risks in participating in the Competition, including without limitation risk of injury (such as risk of tripping, slipping, falling, heat stroke and death), damage to property and loss of property and I agree that my participation in the Competition is solely at my own risk.
2. I am not aware of any relevant medical conditions that prevent me in any way whatsoever from participating in the Competition, which Competition involves performing Bhangra dancing on stage.
3. I am eligible to receive a Prize and I satisfy all the eligibility requirements set out in the Specific Event Competition Rules and General Event Competition Rules for the Competition that are published on RED FM’s website (the “Competition Rules”).
4. If I win a Prize, I will accept the Prize as the awarded, I will be responsible to pay any additional expense associated with the Prize, including but not limited to any taxes, fees or other expenses associated with receiving the Prize and I will be provided the Prize “as is, where is” without any representation or warranty being provided of any kind whatsoever.





# RED FM BHANGRA CHAMPIONS

5. RED FM, the Competition Sponsors and each of their affiliates, related entities, parent companies, subsidiaries, licensees, sponsors, and any other persons involved in the Competition as well as each of these parties' agents and employees (collectively, the "Released Parties") shall not be liable for any damage I may suffer arising out of or in connection with, directly or indirectly: (1) my participation in the Competition including without limitation damage to person or property, loss, injury, expense and/or loss of life (2) my acceptance of a Prize, (3) the use of Promotional Material, and (4) any breach of the Competition Rules, and I release, remise and forever discharge the Released Parties for any such liability.
6. This Release Form will prevent me, my insurers, estate, executors, administrators, representatives, successors and assigns from bringing a lawsuit, claim or any other action against the Released Parties arising out of or in connection with, directly or indirectly, (1) my participation in the Competition, (2) my acceptance of a Prize, (3) the use of Promotional Material, and (4) any breach of the Competition Rules.
7. I give and grant in perpetuity to the Released Parties the irrevocable right, without limitation, to all now and hereafter existing common law, equitable, statutory and moral rights throughout the world (regardless of whether or not such rights are now known), in and to my name, portrait, picture, voice and likeness as well as all materials created by RED FM and the Competition Sponsors for the Competition in connection with or arising from my participation in the Competition and/or acceptance and use of a Prize (collectively, the "Promotional Material") including, without limitation, the perpetual and unlimited right to reproduce any and all of the Promotional Material, in any manner and medium whatsoever, whether now known or hereafter developed, including, without limitation, by broadcast, telecast or written material and I further acknowledge and agree that I will not claim any title, right or interest in or to the Promotional Material and further waive any right to any compensation related to the Released Parties' use of the Promotional Material in any way whatsoever.



# RED FM BHANGRA CHAMPIONS

8. I am eighteen (18) years or older, or if I am not such age my parent or legal guardian has executed and is bound by the terms of this Liability Waiver and Agreement on Use of Promotional Material.
9. I and my parent or legal guardian agree to hold harmless, indemnify and reimburse the Released Parties for any sums whatsoever (including their legal fees on a solicitor-client basis) incurred by any of the Released Parties or paid by them to any person arising out of or in connection with, directly or indirectly, my participation in the Competition.
10. If any portion of this Liability Waiver and Agreement on Use of Promotional Material is held to be invalid the remainder of this agreement shall, notwithstanding, continue to be in full force and effect.
11. This Liability Waiver and Agreement on Use of Promotional Material shall be governed by the laws of Ontario and any action against the Released Parties must be brought in a court of competent jurisdiction in Ontario.
12. This Liability Waiver and Agreement on Use of Promotional Material constitutes the entire agreement between the parties and there are no other agreements (including collateral agreements), communications representations or warranties whether oral or written between myself and the Released Parties.
13. I have carefully read this Liability Waiver and Agreement on Use of Promotional Material in its entirety and fully understand that I am forgoing certain legal rights including but not limited to my right to sue the Released Parties concerning my participation in the RED FM Bhangra Competition and I voluntarily accept all the terms of this Liability Waiver and Agreement on Use of Promotional Material.



# RED FM BHANGRA CHAMPIONS

14. If I am signing this Liability Waiver and Agreement on Use of Promotional Material as a parent/legal guardian of the Participant, my signature operates as an acceptance of this entire Liability Waiver and Agreement on Use of Promotional Material on behalf of my minor child and for myself as their parent/legal guardian.

Dated at \_\_\_\_\_ Ontario, this \_\_\_\_ day of \_\_\_\_\_, 2025.  
(City) (Month)

Participant Name	
Signature of Participant	
Parent/Guardian signature required for minors under 18 years of age	